

Merin Joseph

Senior Staff Nurse (Medical ICU)

Bengaluru, Karnataka · [Phone] · [Email] · [Website or LinkedIn]

PROFESSIONAL SUMMARY

Critical care nurse with six years in medical and cardiac ICUs, trained in ventilator management, central line care and inotrope titration. Regularly takes charge of a shift, precepts new graduates and supports NABH documentation audits. Looking for a senior ICU role in a tertiary hospital that values protocol-driven care and clinical teaching.

SKILLS

Ventilator care · Central line care · ABG sampling · Inotrope titration · ECG interpretation · ACLS · NABH documentation · Shift leadership · Preceptorship

EXPERIENCE

Senior Staff Nurse, Medical ICU — 450-bed multi-speciality hospital, Bengaluru

4 years · current

- Manage two ventilated patients per shift in a 24-bed medical ICU, including sedation scoring, suctioning and weaning trials.
- Lead the night shift as charge nurse twice a week, allocating beds and coordinating admissions from emergency.
- Introduced a bundle checklist for central lines that the unit linked to fewer bloodstream infections over the following year.
- Precept new graduate nurses through a structured eight-week orientation covering alarms, drug calculations and handover.
- Prepare ICU nursing records for internal NABH audits, closing gaps in restraint and fall-risk documentation.

Staff Nurse, Cardiac Care Unit — 200-bed cardiac speciality hospital, Kochi

2 years

- Monitored post-angioplasty and post-CABG patients, interpreting cardiac rhythms and escalating arrhythmias promptly to the cardiologist.
- Managed femoral and radial access sites after cath lab procedures, checking distal pulses and bleeding every fifteen minutes.
- Taught cardiac rehabilitation basics and medication schedules to patients and families before discharge.

EDUCATION

B.Sc Nursing — private college of nursing affiliated to a health sciences university, Kottayam

Clinical postings in ICU, OT, paediatrics and community health

CERTIFICATIONS AND REGISTRATIONS

- Registered Nurse and Registered Midwife, Karnataka State Nursing Council
- Advanced Cardiovascular Life Support (ACLS)
- Basic Life Support (BLS)
- Certificate course in critical care nursing

PROJECTS

- Pressure injury prevention drive — set up two-hourly turning charts in the ICU and cut new bedsores reported in monthly audits

LANGUAGES

English · Malayalam · Kannada · Hindi